

# INSTRUCTIONS FOLLOWING WART SURGERY

1. ELEVATE your feet following surgery.
2. BANDAGES:
  - A. Remove bandage(s) in 24 hours.
  - B. Mix one tablespoon of Epsom salts per quart of warm water. Soak operative area(s) in the solution for 10-15 minutes twice daily, until your first post operative visit.
  - C. Apply a small amount of antibiotic ointment and a bandage to fully cover the area after soaking.
3. PAIN: The operative area may remain numb for 2-24 hours depending upon the type of anesthesia used and your individual response to it. If during the first 24 hours you experience a great amount of pain, your dressing may be too tight. Remove the dressing and apply a new one. After this time, should you have any discomfort, Aspirin, Tylenol, or Ibuprofen should suffice.
4. BLEEDING: Do not be alarmed by bleeding. If additional dressing is required, apply snugly for compression.
5. PROLONGED HEALING: Prolonged healing is most often experienced with patients who have had warts removed from the bottom of the heel. This is also experienced by patients with a history of cigarette smoking, Diabetes, and/or Peripheral Vascular Disease.
6. PROBLEMS/QUESTIONS: Call our office for assistance should any problems or questions arise.
7. PURCHASE THE FOLLOWING:
  - A. Neosporin or Triple Antibiotic ointment
  - B. bandages
  - C. Epsom salts

*Blackmer*  
**FOOT &  
ANKLE**  
*Group*



**319-0497**

**MERIDIAN**  
Across from  
St. Luke's

3090 Gentry Way

**BOISE**  
Parkcenter  
Area

727 E. RiverPark Ln.

**NAMPA**  
Corner of  
Midland & Caldwell

1001 Caldwell Blvd.