

# INSTRUCTIONS BEFORE SURGERY

- Wash your feet and toenails thoroughly the night before and morning of surgery with Betadine or anti-bacterial soap.
- Nothing to eat or drink (including water, gum, hard candy, and chewing tobacco) twelve hours before your scheduled surgery time. Non compliance with this order will result in cancellation of surgery.
- Arrange to have someone drive you home after surgery.
- No smoking twelve hours before your scheduled surgery time.
- Due to space limitation, only one person should accompany you.
- Bring all medications with you including inhalers, eye drops, and insulin. If your doctor has instructed you to take medications orally before surgery, do so first thing in the morning with a small sip of water. Bring cases for contact lens and/or dentures if applicable.
- Do not bring anything of value (watches, jewelry, purses, or wallets) as Addison Surgery Center will not be responsible for any lost or stolen items.
- Wear comfortable loose fitting clothing (sweat pant and shirt) to the surgery center. You will place all of your belongings in a locker prior to surgery.
- Please do not wear finger or toenail polish.
- Have two ice packs ready in your freezer for when you return home after surgery.
- If you become sick (cold, sore throat, fever) please notify our office.

## FINANCIAL

- You will receive a separate bill from the Hospital or Surgery Center for facility and supply charges.
- In addition to your surgeons fee you may receive bills from the following: assistant surgeon, pathologist, anesthesia, a laboratory for blood work, and a doctor for reading your EKG.

Surgery Facility: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Arrival Time: \_\_\_\_\_ am/pm Surgery Time: \_\_\_\_\_ am/pm

### Post-Operative Appointment:

Office: \_\_\_\_\_

Date & Time: M T W Th F \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ at \_\_\_\_\_ am/pm

**Blackmer**  
**FOOT &**  
**ANKLE**  
*Group*



# 319-0497

**MERIDIAN**  
Across from  
St. Luke's  
3090 Gentry Way

**BOISE**  
Parkcenter  
Area  
727 E. RiverPark Ln.

**NAMPA**  
Corner of  
Midland & Caldwell  
1001 Caldwell Blvd.